MAC Program Approved

Practicum Sites

San Diego/Carlsbad

July 2015

Able Pathways

830 E. Vista Way, #108

Vista, CA 92084

Contact: Michelle Bouchard, MS

Clinical Director

(760) 230-5251 (phone); (760) 724-7278 (fax)

[michelle.bouchard@ablepathways.com](mailto:michelle.bouchard@ablepathways.com)

Program Description: A site devoted to working with children with autism spectrum disorders (ASDs), other pervasive developmental disorders (PDDs) or developmental disabilities to empower them to reach their true potential. They employ functional behavior assessment. They are dedicated to improving the lives of these children and helping their families cope with the stress and challenges that come with raising a child with learning, mental and physical disabilities.

Alvarado Parkway Institute

7050 Parkway Dr.

La Mesa, CA 91942

619-465-4411

Contact: Andrew Noorollah, PhD

Director of Psychology

(619) 667-6093 (phone); (619) 667-6172 (fax)

anoorollah@apibhs.com

Program Description: Trainees will get experience and extensive training with adults 18 years and up on the inpatient unit providing individual, couples, family, and group therapy, intervention plans for suicidal/homicidal individuals and domestic violence, behavioral plans, and psychoeducation. There is an opportunity to work on the forensics unit. Trainees are required to make a one year commitment with 16-20 hours a week. Shifts are from 8-4:30 and group supervision is from 7-10am on Friday mornings. Students will also receive one hour of individual supervision a week and work with a multi-disciplinary treatment team.

Balboa City School

525 Hawthorn St.

San Diego, CA 92101

Contact: Stephen Parker, PhD

Clinical Supervisor

(619) 298-2990 (phone); (619) 295-8886 (fax)

Program Description: This is an elementary, middle, and high school program for students with learning and/or social/emotional disabilities. It is considered a certified non-public school, fully accredited by WASC. Students are provided with a small class size, individual instruction, and a supportive environment to help them learn and be more successful.

Hours Required: At least 21 hours per week with a ten-month commitment. Trainees may work weekdays between 8AM and 3PM and must be available for supervision Wednesdays between 8AM and 10AM.

Experiences Provided: Trainees manage their own caseload, under supervision. Opportunities include individual and group counseling, as well as crisis intervention.

BPSR Kinesis North/MHS Inc.

474 West Vermont Ave., Suite 102

Escondido, CA 92025

Contact: Carla Dykes

Program Manager

(760) 741-6645 (phone); (760) 758-8481 (fax)

cdykes@mhsinc.org

Program Description: BPSR Kinesis North serves adults 18+ in the Escondido, Ramona, and Fallbrook areas. The agency is county-funded and provides medication management services to those with severe mental illness. They prefer trainees to start in the Fall and stay one year.

Updated 9/21/15

BPSR Vista Clinic

550 W. Vista Way, Suite 407

Vista, CA. 92083

Contact: Scott Elizondo, PhD.

Program Manager

(760) 758-1092 (phone); (760) 758-8481 (fax)

selizondo@mhsinc.org

Program Description: BPSR Vista Clinic is a part of Mental Health Systems and contracted by the County of San Diego to provide mental health services. Services include group and individual counseling, medication management, and crisis intervention.

Hours Required: A minimum of 8 hours per week with a 6-month commitment.

Trainees may work regular hours during weekdays between 8AM and 4:30PM.

Must be available Mondays and Wednesdays.

Experience Provided: Assessment, crisis intervention, counseling, and participation in treatment team meetings with the psychiatrist.

Updated 9/4/15

Breaking Cycles – San Diego Youth Services (SDYS)

Youth Day Center

4153 Market St. Ste. A

San Diego, CA 92102

Contact: Steven Jella

Associate Executive Director

(619) 266-6060

Program Description: Breaking Cycles is a multi-agency, geographically diverse project administered by the County of San Diego Probation Department. It is designed to prevent escalating juvenile delinquency. By focusing program efforts through a system of graduated sanctions on at-risk youth and their families, Breaking Cycles is improving the juvenile justice system and community response to juvenile offenders. SDYS is the lead agency providing the alcohol and drug treatment component of the Breaking Cycles project.

Services: In order to reach the above goals, the Breaking Cycles program includes several essential elements:

* Substance abuse screening and assessment
* Mental health screening and assessment
* Dual diagnosis screening and assessment
* Individual, group and family substance abuse counseling
* Psycho-educational groups
* Dual diagnosis groups
* Functional Family Therapy

CalWORKs

9465 Farnham Street

San Diego, CA 92123

Contact: Marci Eisenberg, LCSW

Oceanside: Fahimeh Peifer, Program Manager

(760) 439-4577 (phone); (760) 439-2130 (fax)

fpeifer@mhsinc.org

Escondido: Pamela Jacobs, Program Manager

(760) 745-0281 (phone); (760) 745-0778 (fax)

pjacobs@mhsinc.org

Chula Vista: Elizabeth Alcaraz, Program Manager

(619) 425-5609 (phone); (619) 425-8349 (fax)

ealcaraz@mhsinc.org

El Cajon: Jeanine Bourcier, Program Manager

(619) 448-0420 (phone; (619) 442-5451 (fax)

[jbourcier@mhsinc.org](mailto:jbourcier@mhsinc.org)

Program Description: The CalWORKS program is a welfare to work program and is therefore focused on employment. CalWorks has many components and this is the mental health component. The ultimate goal of the treatment is to reduce and/or eliminate mental health barriers to employment through the provision of mental health and rehabilitation services. The typical population is 99 percent women with 3-4 children each. Approximately 80 percent of the client population has experienced domestic violence either currently or in the past. Approximately 50 percent of the client population has a history of alcohol and/or drug abuse. The most common mental health diagnosis is depression closely followed by an anxiety disorder.

Updated 9/4/15

Casa de Amparo

325 Buena Creek Rd.

San Marcos, CA 92069

Contact: Emily Morgan, LMFT

Director of Mental Health Services

(760) 754-5500 (phone); (760) 566-3569 (fax)

Program Description: Casa de Amparo annually serves 1,300 Casa Kids, from prenatal to 24 years old, as well as 700 families, through six programs that promote healing, growth, and healthy relationships. These programs include Residential Services, Counseling Services, Family Visitation, Hayward Child Development Center, New Directions, and Young Parent Network. Casa de Amparo is the San Diego Chargers Courage House, part of a national network of NFL teams and local charities dedicated to the prevention of child abuse.

Experience Provided: The Counseling Center staff at Casa de Amparo guides, advocates for and supports children and families participating in Casa’s programs to help treat the effects of child abuse and neglect and stop the cycle. Casa de Amparo’s Outpatient Counseling Services are designed to support children and families facing a variety of individual or family stressors and/or mental health issues.

Updated 8/6/15

Catholic Charities

349 Cedar St.

San Diego, CA 92110

Contact: Patricia Petterson, Director of Clinical Services

(619) 231-2828 \*320 (phone); (619) 234-1465 (fax)

Mission Statement: To meet the challenge of the ever-changing community by utilizing spiritual, human and financial resources to enable those we serve to experience dignity and respect.

Experience Provided: Professional counseling and support services for individuals, couples, families, and children. Assistance with parenting issues, marital conflict, recovery from loss or trauma, and life adjustment.

The Center for Autism Research, Evaluation, and Service (CARES) Foundation

10065 Old Grove Rd.

San Diego, CA 92131

Contact: Kathy Sweeten, Psy.D., Co-Director

(858) 444-8823 (phone); (858) 444-8827 (fax)

Program Description: CARES is a psychological corporation and a non-public agency. The center serves individuals with a variety of diagnoses ages 1 year old to adult. CARES is a vendor through San Diego, Orange County and Inland Valley Regional Centers along with various school districts throughout these counties. CARES also offers private pay and insurance based services.

Experience Provided: CARES offers home and school based programs with direct service staff and supervision by master’s and doctoral level individuals. They offer individualized services and parent training in the home. They offer direct service, educational evaluations, staff trainings and behavior consultation in the classroom and at the request of the districts. CARES is a vendor with San Diego, Orange and Inland Regional Centers, various school districts, Tricare Insurance and Anthem Blue Cross.

In their offices, they offer our Little Builders play group for children 3-7, our UCLA Children's Friendship Training group for children ages 8-12 and our UCLA PEERS group for ages 13-17. Each group has a parent training component and offers social skills training for every age range. CFT and PEERS are based on the UCLA model of social skills training. CARES also offers individual and family therapy based in cognitive behavior therapy.

Recently approved by Anthem Blue Cross is the CARES Intensive Outpatient Program for children ages 2-7 and 12-17. These intensive therapy programs must be physician referred and take place in the CARES offices for up to 9 hours/week.

Center for Community Solutions

4508 Mission Bay Drive

San Diego, CA 92109

858-272-5777

Contact: Candace Powell, Director of Clinical Services

(619) 697-7477 (phone); (858) 272-5361 (fax)

Program Description: Outpatient facilities providing multidisciplinary services specializing in treatment and services for survivors of sexual assault and domestic violence. Opportunities for work with clients on general issues are also available.

Experience Provided: Clinical opportunities with families, adults, and children who have experienced domestic violence or sexual assault. Most clinical hours are on-site at La Mesa or Pacific Beach offices. The specialty is in working with children exposed to DV. 56 hours of training for certification by the State of California as a Crisis Counselor in Domestic Violence and Sexual Assault required before seeing clinical clients. This is offered three times a year-February, June, September. Specialized play therapy rooms for children, videotaping capabilities, individual and group supervision required.

Requirements: Previous experience with trauma desired. Students must successfully complete application, interview, and be fingerprinted.

Circle of Friends Group Homes

105 N. Rose St. Ste. 211

Escondido, CA 92027

Contact: Holly Gines, LCSW, Clinical Supervisor

(760) 735-8222 (phone); (760) 735-2922 (fax)

Program Description: Provides transitional housing in group homes for youths removed from family homes. It provides the youths with individual and group therapy, psychological evaluation, tutoring, independent living skills programs and other services.

Community Research Foundation

Administrative Office

1202 Morena Blvd., Suite 300

San Diego, CA 92110

(619) 275-1422

Program Description: Community Research Foundation is a San Diego-based not-for-profit corporation providing behavioral health services to adults, children and families. They operate 29 programs offering a wide range of services including: Outpatient programs serving adults, children, youth and families; Assertive Community Treatment (ACT) programs targeting homeless individuals with psychiatric disabilities, often including co-occurring substance-related problems; short-term acute residential treatment (START) programs which provide an alternative to voluntary acute psychiatric hospitalization; a transitional residential program; and a supported housing program.

Community Research Foundation has a memorandum of understanding with the MAC Program at National University that includes all of their programs. MAC students have completed practicum hours in a number of the 29 facilities operated by CRF. The Community Research Foundation programs are listed below. National University MAC students should contact the individual programs directly if interested in pursuing a practicum at one of the sites.

Assertive Community Treatment (ACT)

Downtown IMPACT (Assertive Community Treatment)

995 Gateway Center Way, Suite 300

San Diego, CA 92102

(619) 398-2156

Director: Nicole Anderson

Integrative services are provided to high risk mentally ill homeless individuals in San Diego’s downtown area utilizing a bio-psycho-social model of rehabilitation and recovery.

IMPACT (Assertive Community Treatment)

1260 Morena Blvd., Suite 100

San Diego, CA 92110

(619) 398-0355

Director: Melissa Beals, MFT

Senior IMPACT

995 Gateway Center Way, Ste. 302

San Diego, CA 92102

(619) 977-3716

Director: Nicole Loebach, LCSW

Outpatient Programs – Adult

Areta Crowell Center Wellness and Recovery Center

1963 Fourth Avenue

San Diego, CA 92101

(619) 233-3432

Director: Heather Martin, MA

Heartland Wellness and Recovery Center

1060 Estes Street

El Cajon, CA 92020

(619) 440-5133

Director: Nicole Fenton

Jane Westin Center

1568 6th Avenue

San Diego, CA 92101

(619) 235-2600

Director: Kenna Humphreys, Psy.D.

Maria Sardinas Wellness & Recovery Center

1465 30th St., Ste. K

San Diego, CA 92154

(619) 428-1000

Director: Souneh Arevalo, MA

South Bay Wellness and Recovery Center

835 3rd Avenue, Suite C

Chula Vista, CA 91911

(619) 427-4661

Director: Mary Wheeler, LMFT

StepForward (CalWORKs)

2772 4th Avenue

San Diego CA 92103

(619) 295-6067

Director: Ines Dominguez-Barros, MA

StepForward North Central (CalWORKs)

8745 Aero Drive, Unit 107

San Diego CA 92123

(858) 384-7035

Director: Ines Barros, Ph.D

Program Manager: Trena Ensign, LMFT

Outpatient Programs – Children

Crossroads Family Center (Child, Youth & Family Services)

1679 E. Main St., Ste. 102

El Cajon, CA 92021

(619) 441-1907

Director: Elizabeth Garcia, LMFT

Bobbie Schorr, LMFT

Douglas Young Youth & Family Services (Child, Youth & Family Services)

7907 Ostrow Street, Suite F

San Diego, CA 92111

(858) 300-8282

Director: Julie McPherson, MA, LMFT

Mobile Adolescent Service Team (Child, Youth & Family Services)

1202 Morena Blvd., Suite 203

San Diego, CA 92110

(619) 398-3261

Director: Mike Miller, LMFT

Provides mental health services to adolescents enrolled in the Juvenile Court and Community Schools. Services are provided in school settings and in client’s homes.

Nueva Vista Family Services (Child, Youth & Family Services)

1161 Bay Blvd., Suite B

Chula Vista, CA 91911

(619) 585-7686

Director: Bill Simpson, LMFT

NVFS is a county contracted program that provides mental health services to low-income and medi-cal children and adolescents in the South Bay area of San Diego County. Most clients reside in Chula Vista and National City. 50% are Latino. The Program has therapists in an outpatient clinic and also a therapist that provides school-based counseling in about 15 schools in the area.”

Vocational Clubhouses

Corner Clubhouse (Client-Directed Clubhouses)

2864 University Avenue

San Diego, CA 92104

(619) 683-7423

Director: Rebecca Ellis

East Corner Clubhouse (Client-Directed Clubhouses)

1060 Estes Street

El Cajon, CA 92020

(619) 631-0441

Director: Sam Mayfield

Residential Programs

The residential START programs are a treatment facility for adults with chronic mental illness. The facilties are open 24 hours a day/seven days a week.

Halcyon Center (Short Term Acute Residential Treatment (START) Crisis Centers)

1664 Broadway

El Cajon, CA 92021

(619) 579-8685

Dircetor: Priscilla Grossman, MFTI

Isis Center (Short Term Acute Residential Treatment (START) Crisis Centers)

892 27th Street

San Diego, CA 92154

(619) 575-4687

Director: Lisa Bertelle, LMFT

Jary Barreto Crisis Center (Short Term Acute Residential Treatment (START) Crisis Centers)

2865 Logan Avenue

San Diego, CA 92113

(619) 232-4357

Director: Martha Noderer, MA

New Vistas (Short Term Acute Residential Treatment (START) Crisis Centers)

734 10th Avenue

San Diego, CA 92101

(619) 239-4663

Director: Natanya Gleyzer, Psy.D.

Turning Point Crisis Center (Short Term Acute Residential Treatment (START) Crisis Centers)

1738 South Tremont Street

Oceanside, CA 92054

(760) 439-2800

Director: Debon McGill, Psy.D.

Casa Pacifica (Transitional Residential)

321 Cassidy Street

Oceanside, CA 92054

(760) 721-2171

Director: Kelsey Paulson, Ph.D.

Vista Balboa Crisis Center

545 Laurel Street

San Diego, CA 92101

(619) 233-4399

Director: Dan Maccia, Psy.D.

County of San Diego – Memorandum of Agreement

3255 Camino Del Rio South

San Diego, CA 92108

Contact: Anne Fitzgerald, LCSW

Behavioral Health Services

Office of the Clinical Director

Workforce, Education, and Training Coordinator

(619) 563-2739

Program Description: The Memorandum of Agreement is for the Behavioral Health Services clinics (BHS) run by the County of San Diego. The county provides mental health services to its clients through alcohol and drug treatment, domestic violence treatment, and therapeutic behavioral services.

For a full listing of available sites, see http://www.sdcounty.ca.gov/hhsa/programs/bhs/

Ms. Fitzgerald disperses your letters of interest and resumes to agencies in the County.

Discovery Hills Day Treatment/San Diego Center for Children

450 N. Melrose Dr.

Vista, CA 92083

Contact: Lori Barnes, LMFT

Program Manager

(760) 216-6780 (phone); (760) 216-6781 (fax)

Program Description: Discovery Hills is devoted to working in an intensive day program with children aged 6-12.

Exodus Central Connections

4308 30th St. Suite A

San Diego, CA 92104

Contact: Kris Rinear, LMFT

Program Director

(619) 528-1752 (phone); (619) 528-1758 (fax)

Program Description: The ECC is a Full Service Partnership Program serving adults referred through the San Diego Behavioral Health Court Calendar.  A multi-jurisdictional team including the District Attorney, City Attorney, Public Defender, Sheriff’s Department, Probation, the Court and San Diego Mental Health screen and select individuals for program enrollment. The ECC offers comprehensive mental health services by a multidisciplinary team of nurse practitioners, therapists, nurses, and case managers.

Exodus Wellness and Recovery Center

550 W. VistaWay

Vista, CA 92083

Contact: Kris Rinear, LMFT

Program Manager

(760) 305-4635 (phone); (760) 305-4636 (fax)

Program Description: The Exodus Wellness & Recovery Center provides outpatient medication management services, individual and group rehabilitation services to adults with serious mental illness. Exodus WRC clients take increasing responsibility for their growth, wellness, recovery, and mental health recovery. 

Program Services:  
-Psycho-social/psychiatric Assessment  
-Individual and group therapy is available to relieve the emotional distress of living with mental illness and to develop skills to manage symptoms and improve quality of life.  
-Consumer led wellness groups  
-Co-occurring Disorder Services  
-Linkage to Primary Care Providers  
-Psychiatric medication management that includes medication evaluation and ongoing care.  
-Health care consultation, medication education, and assistance in obtaining medications.  
-Case Management  
-Trauma informed care

First Avenue Counseling Center

2333 First Avenue, Suite 204

San Diego, CA 92101

Contact: Mary Edwards

Executive Director

(619) 685-0041 (phone); (619) 685-0042 (fax)

[maryalex@msn.com](mailto:maryalex@msn.com)

Daniel Carr, LMFT

Clinical Supervisor

(619) 685-8638 (phone); (619) 685-0040 (fax)

Program Description: First Avenue Counseling Center is a social service agency providing family therapy to members of the San Diego community. Trainees are provided with experience in all aspects of working in family systems including: individuals; couples; families; schools; custody cases; and parenting skills.

Generate Hope

4025 Camino Del Rio South #300

San Diego, CA 92108

Contact: Susan Munsey, LCSW

Executive Director

(619) 818-4026 (phone); (619) 342-7508 (fax)

susan@generatehope.org

Program Description: At GenerateHope they work with women who have been sex trafficked to rehabilitate them from the traumas of the sex trade. Students would have the opportunity to co-lead 5 psychotherapy groups weekly, plus work one on one with women in individual therapy. GenerateHope is an opportunity for students to obtain experience with a variety of diagnoses & issues beyond sex trafficking as well. They typically deal with such things as homelessness, histories of child abuse & neglect, PTSD, depression, bipolar disorder & much more. Contact the Director/Supervisor, Susan Munsey, if you are interested in this site.

Updated 7/14/15

Harmonium, Inc.

9245 Activity Rd. Ste. 200

San Diego, CA 92126

Contact: Dr. Tracy Wutzke

Program Director

(858) 566-5740

Program Description: Harmonium works to create strong families and communities. They partner with children, youth, families, and communities to build responsive services leading to happy, successful lives. Harmonium runs programs throughout San Diego County from Oceanside to San Ysidro. While the agency serves all ages, its core services target children and youth, ages 5-19 years, their families, and the communities in which they live. Services include outpatient counseling services, juvenile diversion services, after school programs and teen centers.

HELP

3636 Fourth Ave. Ste. 302

San Diego, CA 92103

Contact: Annette Conway

Clinical Director

(858) 481-8827 (phone); (858) 244-0990 (fax)

Program Description: HELP services offers mental health and counseling services in the home, facility, or office setting. Home visits provide access to mental health services for those older adults and elderly who are homebound. In-home clinicians can also provide the initial steps to receiving additional community services. Facility visits provide mental health and counseling services to those in short-term and long-term care. Care is coordinated with the case managers, primary care physicians, and other health providers. Upon discharge, HELP clinicians are able to provide continuation of care in the home or office.

Hill Alcohol and Drug Treatment Center

42145 Lyndie Lane Ste. 108

Temecula, CA 92591

Contact: Felicia Durling

Clinical Director

(951) 676-8241 (phone); (951) 676-8281 (fax)

Program Description: Hill Alcohol & Drug Treatment is a [center for addiction treatment](http://www.hillrecovery.com/alcoholdrugaddictionrecoveryprogramsincalifornia/3165.html), offering a broad spectrum of [alcohol and drug recovery](http://www.hillrecovery.com/interventionstrategiesandproceduresfordrugandalcoholaddiction/3176.html) for those addicted to substances and their families. The range of services includes [interventions](http://www.hillrecovery.com/interventionstrategiesandproceduresfordrugandalcoholaddiction/3176.html), [court evaluations](http://www.hillrecovery.com/courtassessmentsforalcoholsubstanceaddictivedisorders/3288.html), [expert witness testimony](http://www.hillrecovery.com/witnesstestimonyforsubstanceabuseaddictiontreatmentanddisorders/3289.html), drug testing, employer assistance programs, detox, and family therapy. However, their services revolve around a [day treatment recovery program](http://www.hillrecovery.com/daytreatmentinpatientfacilityprogram/3293.html) and an [evening outpatient recovery program](http://www.hillrecovery.com/outpatientalcoholdrugrecoverytreatment/3294.html).

Hospice of the North Coast

2525 Pio Pico Dr., Ste. 301

Carlsbad, CA 92008

Contact: Cecelia “Ti” Johnson

Director of Social Services

(760) 431-4100 (phone); (760) 431-4133 (fax)

Program Description: Hospice of North Coast is a small, stand alone hospice serving terminally ill patients and their families from Del Mar north through Camp Pendleton and east to Escondido. Bereavement counseling is provided to the hospice families as well as work with play therapy, sand tray, expressive arts, music, and energy work. Trainees receive a comprehensive orientation and training to hospice an the grief and mourning process.

Interfaith Community Services

425 N. Date St.

Escondido, CA 92025

Contact: Traci Chester, LCSW

(760) 520-8306 (phone); (760) 745-5467 (fax)

Program Description: Prevention and intervention program for high-risk youth offered in Oceanside (Transitional Youth Academy) as well as addiction recovery through Escondido Community Sobering Services.

Jacobs Healthcare

4075 54th St.

San Diego, CA 92105

Contact: Carla Guido

Director of Nursing

619 582-5168

[cguido@jacobhealthcare.com](mailto:cguido@jacobhealthcare.com)

Program Description: Jacobs Healthcare is a skilled nursing facility offering sub-acute care, behavioral health counseling, memory care, short term rehabilitation services, hospice care, and assisted living.

Updated 8/6/15

Jewish Family Services

8804 Balboa Ave.

San Diego, CA 92123

848-637-3000

Contact: Jayne Fabulic

Program Volunteer Supervisor

(858) 637-3313 (phone); (858) 637-3301 (fax)

Program Description: More than 50 services provided. Includes aging and wellness, case management, counseling, Jewish Connections, military support, parenting and youth, refugee resettlement, and teen leadership.

Lasting Recovery

6046 Cornerstone Ct. W. #113

San Diego, CA 92121

Contact: Arthur Farkas, PhD

Clinical Director

(858) 453-4315 (phone and fax)

Program Description: Licensed drug and alcohol treatment center. Provides IOP and day treatment.

Experience Provided: Leading chemical dependency process groups, provide counseling to clients in crisis, intake assessment, documentation, individual counseling, and treatment team meetings.

License to Freedom

131 Avocado Ave.

El Cajon, CA 92020

Contact: Dilkhwaz Ahmed

(619) 401-2800

Program Description: License to Freedom is a non-profit community based organization that promotes nonviolence through community education, self-sufficiency and advocacy for refugee and immigrant survivors of domestic and relationship abuse in the East County and San Diego region.

McAlister Institute

1400 North Johnson, Suite 101

El Cajon, CA 92020

Contact: Jeanne McAlister, CEO

(619) 442-0277 \*105 (phone); (619) 442-1101 (fax)

Program Description: McAlister Institute is a non-profit agency dedicated to providing high quality, low cost, substance abuse services within the communities it serves. The McAlister Institute has a number of residential and outpatient treatment programs for adolescents and adults.

Mental Health Systems

940 E. Valley Parkway, Ste. D

Escondido, CA 92025

Contact: Jacqueline Gardiner, LCSW

Program Manager

(760) 747-0205 (phone); (760) 747-0582 (fax)

Program Description: Mental Health Systems provides an integrated approach to specialized services and is uniquely qualified to offer Mental Health, Corrections and Alcohol and Drugs services through a network of statewide programs. MHS’s goal is to maintain an empathetic, ethical and responsive attitude in all phases of care. MHS is dedicated to creating an environment of opportunity, choice and hope, regardless of gender, ethnicity or socioeconomic status.

Mental Health Systems: North Coastal

Mental Health Center

1701 Mission Ave.

Oceanside, CA 92058

Contact: Erin Ryan

(760) 967-4475 (phone); (760) 966-3827 (fax)

eryan@mhsinc.org

Program Description: North Coastal Mental Health Center is a county-contracted outpatient mental health center for adults diagnosed with serious mental illness. Our main function is to provide medication management services. In addition, we offer group therapy, brief case management, crisis intervention, brief individual therapy, homeless case management, and referrals to community resources.

We have 3-4 slots available for interns and they must be able to provide 16-20 internship hours/week. The internship must be at least 9 months long. The intern would be required to attend a three day electronic health record training provided by the county and pre-employment screening (TB test and drug screen) provided by MHS. Individual and group supervision is provided (\* group supervision is offered on Wednesday only).

Updated 9/10/15

Mental Health Systems:

North County Community Assessment Team (CAT)

940 East Valley Parkway

Escondido, CA 92025

Contact: Kevin Stafford

Program Manager

(760) 747-0205 (phone)

kstafford@mhsinc.org

Program Description: The Community Assessment Team (CAT) is a voluntary program that provides services for the entire family. We offer assessment, as well as providing strength-based groups for youth, and parenting classes for parents. We serve school aged youth who are at risk of entering the justice system; struggling in school; associating with gangs; and/or experiencing anger management issues. We also serve families struggling with how to help their children make the right decisions. Our family centered outpatient services include: Strength based assessment; Individual, family and group counseling; Case management; Crisis intervention; Medication evaluation and monitoring.

Trainees primarily conduct individual therapy and possibly a group, with case management. Individual and group supervision is offered weekly. Students can obtain 12-20 hours per week.

Updated 9/4/15

Mental Health Systems: North County

Strength-Based Case Management

474 W. Vermont Ave #104

Escondido, CA 92025

Contact: Melody Culhane

Program Manager

(760) 432-9884 (phone); (760) 724-9261 (fax)

mculhane@mhsinc.org

Program Description: Strengths-Based Case Management North provides a wide range of services to assist individuals who suffer from a major mental illness or co-occurring disorders. They provide assistance and care coordination from evaluation to discharge planning. Their recovery centered services provide ongoing interventions, which focus on resolving problems through psychosocial rehabilitation and resource management. Their services are focused on each client’s strengths, which we help them build on to achieve their goals.

They offer the following outpatient services:

Evaluation, Placement assistance,Psycho-educational counseling, Treatment planning, Housing assistance, Medication monitoring, Care coordination, Family support, Medical linkage and referral, Resource referrals and linkage, Advocacy, Assistance with daily living skills and money management

The hours are flexible as long as they are consistent each week. They request a commitment to the program for an agreed upon time with the trainee as turnover affects their clients mental health. The office is open 8am-4:30pm. Group supervision is provided and individual supervision may be provided but not guaranteed.

Updated 9/4/15

Mental Health Systems: Therapeutic

Behavioral Services (TBS)

9445 Farnham St. #100

San Diego, CA 92123

Contact: Crystal Luna, MFT

MFT Program Manager

(858) 380-4669 x135 (phone); (858) 569-6201 (fax)

Program Description: This program provides case management and intensive, short-term behavioral services to at-risk youth and their families. This in-home community based program serves youth up to 21 years of age and seeks to maintain the placement of children with moderate to server behavioral problems that put them at risk for loss of placement. TBS teams are able to meet the family where they are and develop thorough understanding of contextual factors impacting the client’s behavioral responses. TBS uses a variety of CBT, Solution Focused, and Client Centered approaches to deliver interactive techniques that enable clients to manage a host of challenging behaviors and support parents and caretakers in developing skills for lasting change. Services are time limited and are dependent on the unique needs of the client.

Experience Provided: In-home, intensive experiences allow students to experience and examine contextual factors impacting the system. TBS supervision will help students develop strong engagement and coaching skills that will include the use of motivational interviewing, positive discipline parenting, behavioral modification, solution-focused techniques. In addition, skills to develop creative, useful interventions that appeal to multimodal processing (visual, auditory, and kinesthetic) will be enhanced.

Mira Costa College Student Health Services

1 Barnard Drive, Bldg 3300

Oceanside, Ca. 92056

Contact: Don Hanley,

Director of Student Health Services

(760) 795-6675 (phone); (760) 795-6606 (fax)

Program Description: Mira Costa Community College’s Student Health Services provides medical and psychological counseling to Mira Costa students, ages 17 through 60’s. Population of the college is 12,000.

Experiences Provided: Mostly individual counseling but the opportunity for couples work, crisis intervention, and community referrals. Modalities are cognitive therapy, narrative therapy, and family systems.

National Center for Deaf Advocacy

5520 Wellesley Street, Suite 204

La Mesa, CA 91942

Contact Person: Alicia Devine, MFT

Clinic Director

(619) 272-4295 (phone); (877) 276-1922 (fax)

Program Description: San Diego Deaf Mental Health Services (SDDMHS) is a nonprofit mental health outpatient program that specializes in direct mental health services for deaf individuals and their family members. SDDMHS has been an onsite partner with the San Diego Family Justice Center since 2004.

Naval Hospital

Box 555191

Camp Pendleton, CA. 92055

Contact: Mr. Mario D’Aliesio

Division Head

(760) 725-0060 (phone); (760) 763-8638 (fax)

Program Description: Naval Hospital Camp Pendleton is a 72 bed facility, overlooking Lake O'Neill and is located approximately 12 miles from the main gate at Marine Corps Base, Camp Pendleton, Calif.

Outpatient and inpatient care is provided for active-duty service members, their family members, retired military members, their eligible family members and eligible family members of deceased military.

The Neighborhood House Association/ Project Enable

286 Euclid Ave., Suite 102

San Diego, CA. 92114

Contact: Bernard Carrasco, LMFT

Care Coordination Supervisor

619 266-2111 x111

[bcarrasco@neighborhoodhouse.org](mailto:bcarrasco@neighborhoodhouse.org)

Program Description: The Project Enable TAY (Transitional Age Youth) Program provides specialized mental health services to young adults between 18-25 suffering from severe and persistent mental health illness and co-occurring disorders that may be interfering with their ability to function in various areas of their life. The program goals are to reduce the psychiatric symptoms and need for hospitalization and improve level of functioning. Services include individual and group counseling, case management, and medication management. A multi-disciplinary team works together to individualize treatment with a focus on recovery from a bio-psychosocial rehabilitative perspective.

Updated 8/5/15

New Alternatives – THP+

2535 Kettner Blvd. Ste. 1A-4

Camp Pendleton, CA. 92101

Contact: Klea Galasso

Senior Program Director

(619) 615-0701 (phone); (619) 255-2643 (fax)

Program Description: The mission of New Alternatives- Transitional Housing Program Plus (THP+) is to assist and empower former foster and probation youth as they transition into adulthood by providing safe and affordable housing and comprehensive, individualized support services. As a participant-driven program, THP+ supports youth in fostering their unique talents. THP+ affords participants the greatest amount of freedom while actively working toward personal goals. THP+ is a division on New Alternatives Inc., and is a state-funded, County Contracted Program to assist former foster youth in reaching their goals of becoming successful adults.

New Haven Youth and Family Services

216 W. Los Angeles Dr.

Vista, CA 92083

Contact: Doreen Quinn, CEO

(760) 630-4035 (phone); (760) 630-4030 (fax)

Program Description: The site provides residential treatment, special education, vocational training, and clinical intervention, responding to troubled adolescent males and their families.

Experience Provided: The site uses a Therapeutic Behavioral Services program (TBS). TBS is a short term, goal directed service provided to children to assist in achieving the lowest appropriate level of placement.

TBS is a one-to-one service that targets the specific behaviors that are barriers to achieving the lowest level of care. Accordingly, a behavioral coach works with the child in the milieu with the goal of increasing their coping skills, as well as working with the parent and/or caregivers in teaching them effective interventions.

New Vision Counseling Center

4353 Park Blvd.

San Diego, CA. 92103

Contact: Bonnie Hedlund, Ph.D.

Director

(619) 768-0279 (phone); (619) 298-0086 (fax)

bhedlund@newvision.org

Program Description: New Vision Counseling Center offers counseling services at low fees to the community and is located at the New Vision Christian Fellowship. Trainees may also work at Gomphers Academy, offering counseling services to students and their families. The Celebrate Recovery Ministry is an AA/Christian program where trainees may facilitate group or provide individual counseling to men with drug and/or alcohol problems.

Trainees must be available one day a week at Gomphers Academy (between 7:30-2:30) and can also provide counseling in the evenings and weekends. While being of Christian faith is not a requirement for trainees or clients, NVCC states "our clinicians identify as Christian and so have a foundation in the Christian belief. How much you want this to play a role in your counseling is up to you."

Updated 9/4/15

North County Academy

(San Diego Center for Children)

1640 Magnolia Ave.

Carlsbad, CA 92009

Contact: Shannon Nosenzo, MFT

Clinical Supervisor

(760) 547-2800 (phone); (760) 547-2802 (fax)

Program Description: The North County Academy is a San Diego County Office of Education School that contracts with the San Diego Center for Children for its therapeutic services. The purpose of the partnership is to offer a school designed to meet the academic and therapeutic needs of students in elementary, middle and high school with “emotional disturbance” on their IEP, and to ultimately re-integrate each student into a more comprehensive and less restrictive setting in an appropriate school district classroom or other education setting.

North County Lifeline

200 Michigan Avenue

Vista, CA. 92084

Contact: Charles R. Francis, Ph.D.

Clinical Supervisor

(760) 726-4900 (phone); (760) 726-6102 (fax)

Program Description: Nonprofit social service agency serving youth, adults, and families; domestic violence perpetrators and victims. Collaborates with probation and other agencies. Groups include Alcohol, Tobacco, and Other Drugs Diversion program, Building on School Success, Anger Management, Decision Making, Gang Diversion, Parenting Classes, and Teen Parenting.

North County Solutions for Change

722 W. California Ave.

Vista, CA 92083

Contact Person: Tammy Megison

Vice President

(760) 941-6545 (phone); (760) 941-1715 (fax)

Program Description: A unique program that combines “the best” of shelters, transitional housing, and permanent affordable housing to assist families in combating homelessness. This approach includes the following:

-apartment units in a campus style setting for families

-partnership goals with families

-outdoor playgrounds

-community support

Parkinson’s Association

San Diego Office

8555 Aero Dr. Ste. 308

San Diego, CA 92123

La Jolla Office

9850 Genessee Ave. Ste. 740

La Jolla, CA 92037

Chula Vista Office

270 F St., 2nd Floor

Chula Vista, CA 91910

Contact Person: Laila Suleiman, MS

Psychological Assistant

(877) 737-7576

lsuleiman@parkinsonsassociation.org

Program Description: Parkinson’s association (PA) is a non-profit mental health agency that provides an opportunity for Master’s and doctoral level students in psychology, counseling, and social work to apply their classroom learning to a clinical setting. They provide services to individuals with Parkinson’s disease, their care partners and family members, and to other populations in need of mental health treatment. Common symptoms include depression, anxiety, adjustment reactions, among others. Interns conduct and are trained in mental status evaluations, clinical interviews, assessment for safety, refer to higher level of care, self-harm intervention plans, crisis resolution, individual therapy, group therapy skills, electronic charting, medical necessity charting, grief and loss training, and mandated reporting laws. They currently train at least 5-6 MFT and LPCC and 2 pre-doctoral level psychology interns. They have open scheduling for internship interviews.

The theoretical orientation on which the internship is based is Cognitive Behavioral Interpersonal Evidence-based Treatment. PA adheres to the American Psychological Association‘s professional code of ethics. PA provides students an opportunity to complete their hours in conducting face to face individual, couples and group counseling, receiving individual and group supervision, administrative and case management skills, and client advocacy.  There is a sufficient number of clients throughout the year to provide trainees with 300 hours of direct treatment opportunities (i.e. therapy), and students can tape their clinical sessions. There is no deadline for application, yet completion of an application is required.

Palomar Family Counseling Service

1002 E. Grand Ave.

Escondido, CA 92025

Contact Person: Lisa Turner, LCSW

(760) 741-2660 (phone): (760) 741-2647 (fax)

Program Description: Palomar Family Counseling Service (PFCS) is an independent not-for-profit agency. PFCS has offices in Escondido, Vista, Fallbrook and Poway and provides a full range of comprehensive services. These services include prevention, education, early intervention, assessment, clinical treatment, individual and family counseling, group counseling, crisis response, professional training, and mentoring.

Trainee experience involves school site-based therapeutic services in North County schools (primarily Vista and Oceanside), and in-office clinical services to a varied population.

Pemarro Recovery Center

1482 Kings Villa Road

Ramona, CA 92065

Contact Person: Connie Collins

Executive Director

(760) 789-8070

Program Description: Pemarro provides a safe and healing environment for those recovering from the diseases of addiction and co-occurring disorders as well as for their families. Pemarro has a bio-psychosocial approach where good overall health must be addressed in order to create a life that supports sobriety and fulfillment. Pemarro utilizes the Relapse Prevention Therapy model developed by Terence Gorski to address the needs of individuals who have had multiple relapses.

Phoenix House Teen Recovery Center

785 Grand Ave., Ste. 220

Carlsbad, CA 92008

Contact Person: Courtney Boatman

Program Manager

CJBoatman@phoenixhouse.org

(760) 729-2830

Program Description: Phoenix House Teen Recovery Center in Carlsbad offers substance abuse and mental health outpatient services and an intensive outpatient program for teens from 12-17. Services include individual, group, and family counseling, anger management, 12 step programs, educational support, and community referrals.

Promise Hospital

5550 University Ave.

San Diego, CA 92105-2307

Contact Person: Pat Moriarty

Director of Social Services

(619) 582-3800 (phone); (619) 819-1212 (fax)

Program Description: The inpatient program provides 24-hour intensive treatment in a safe, structured and supportive setting, with intensive therapeutic intervention. The interdisciplinary medical team of psychiatrists, licensed nurses, mental health workers, social workers and therapists work closely together to provide a continuum of high quality health care, life enhancement services, and education for family and other caregivers. This includes after-care referral services that link clients with appropriate community resources for medications, counseling, peer group sessions, etc.

Under the direction of a psychiatrist, the treatment team provides each patient entering our program with a comprehensive interdisciplinary assessment and an individually tailored plan for treatment. As clinically indicated, this treatment plan may include one or a combination of the following:

• Individual therapy  
• Group therapy  
• Family therapy  
• Medication management  
• Educational and skill building activities

Providence Community Services, Catalyst Program

7155 Mission Gorge Rd.

San Diego, CA 92120

Contact Person: Maria Morgan, LMFT

Program Director

(619) 481-3790 (phone); (619) 481-3797 (fax)

Program Description: The Catalyst Program is an Assertive Community Treatment (ACT) program of Providence Community Services. Catalyst’s ACT team provides comprehensive, individualized services in an integrated and continuous manner. Services are collaborative and recovery-oriented, and treatment includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, resource linkage, advocacy, family psycho-education and therapy, supportive employment and education development, legal assistance, community integration services, peer support and group counseling.

Providence Community Services – Cornerstone

4660 El Cajon Blvd., Ste. 210

San Diego, CA 92115

Contact: Mary Ellen Baraceros

Program Director (619) 640-3266 (phone); (619) 640-3269 (fax)

Program Description: Provides community-based and school based mental health services to children ( aged 5-18) and their families. Clients are either receiving Medi-Cali or are unfunded. Services include medication support, case management, and individual, family, and group counseling.

Restoration Ranch

940 Montecito Way

Ramona, CA 92065

Contact Person: Stan E. DeKoven, Ph.D.

Clinical Supervisor

(760) 787-9432

restorationranch@cox.net

Program Description: Restoration Ranch is a temporary home to adult men who have a sincere desire to be free from drugs, alcohol, or other addictive behaviors. The staff uses Christian principles, Bible studies, 12 Step programs, and practical training to prepare residents to resume a productive role in society. The Ranch works closely with Probation Departments.

Program Specifics:

Counseling services for the family

Workshop development, promotion, and presentation for preventive help

Seminars in family care

Consulting service

Specializing in drug and alcohol counseling

The Salvation Army Adult Rehabilitation Center

1335 Broadway

San Diego, CA 92101

Contact Person: Teresa Whitney

Director

(619) 239-4037 (phone); (619) 239-4749 (fax)

Program Description: The site provides spiritual, social, and emotional assistance “for people who cannot provide for themselves.” The site also provides sober sanctuary during a six month rehab.

Experiences Provided: Group and individual therapy, “spiritual care.”

San Diego Rescue Mission

120 Elm St.

San Diego, CA. 92101

Contact: Lucia De Soto, LMFT

Clinical Supervisor

phone: (619) 819-1876

Program Description: Non-profit homeless shelter and recovery center. Provides housing through recovery programs, emergency shelter for women and children, and recuperative care. Psychotherapy Center provides free counseling to individuals, families, children and couples who are homeless, at risk of homelessness or unable to afford therapy.

San Pasqual High School

302 North Midway Drive

Escondido, CA 92025

Contact Person: Sue Davis

Director of Special Education

(760) 291-3255 (phone); (760) 291-3013 (fax)

Program Description: No further information provided.

SAY San Diego

8755 Aero Drive, # 100

San Diego, CA 92123

Contact Person: Michael Carr

Executive Director

(858) 565-4148

Program Description: SAY San Diego is a nonprofit organization dedicated to supporting the positive development of young people, their families, and communities in San Diego County. SAY’s primary services include: Delinquency prevention and juvenile diversion; extended day before and after school programs; family support and development; health promotion; community development and collaboration; school readiness and support; child abuse prevention; alcohol, tobacco and drug abuse prevention; and mental health.

San Ysidro Health Center (SYHC)

1275 30th St.

San Diego, CA. 92154

Contact: Antonio Roselli

Director of Counseling

(619) 662-4100

Program Description: San Ysidro Behavioral Health offers comprehensive outpatient mental health services to those experiencing psychological problems. Treatment is provided to children and adults who are in need of mental health services focusing on the culturally/ linguistically diverse populations of the south bay areas.

Scripps Bereavement Program

Contact: Liane Fry, LMFT

Bereavement Coordinator

(858) 382-9763 (phone); fry.liane@scrippshealth.org

Description:

Join a team of interdisciplinary professionals serving the grief needs of the entire Scripps health care system. Populations from across the county are served, which include adults, families, couples and children. Patients receiving Scripps Hospice services and their families with psychological need are treated prior to the patient’s death, and the whole hospice family population is followed throughout their bereavement. In addition, the program provides counseling services to any Scripps affiliated family member who is bereaved. Therefore, many cases will derive from sudden deaths or deaths that occur outside of the hospice environment. Students can expect to gain extensive training and experience in working with the global and very human experience of grief. Advanced training will focus on treating complicated grief with an evidence-based protocol. Various modalities will be emphasized, including utilizing the expressive arts, sand

tray therapy, and play therapy. Services offered include counseling that is based on an individualized plan of care. Students will be expected to co-facilitate groups as well as manage a caseload that includes outreach phone activity. Both group and individual supervision will be provided on a weekly basis. Counseling occurs within a patient’s home, at the hospital bedside, or within an office setting. Both open groups and groups specific to a loss population will be held in various Scripps locations across the county. If this sounds like a practicum site for you, please consider the following criteria.

Students will need to:

* Fulfill immunization requirements
* Pay for, complete and pass background checks (average cost is $80)
* Complete on-line trainings
* Complete classroom trainings
* Work at least one evening each week
* Tape and view sessions for learning and supervisory purposes
* Devote 20-25 hours weekly to Scripps Bereavement Program

Next steps:

* Submit your resume and cover letter to Liane Fry (see contact
* information)
* Interviews will be arranged individually until positions are filled

South Bay Community Services

430 F St.

Chula Vista, CA. 91910

Contact: Pam Wright, LCSW

Clinical Director

[pwright@csbcs.org](mailto:pwright@csbcs.org)

(619) 420-3620

Program Description: Large social service community based organization. Provides services in many different areas with varied populations ranging from domestic violence offenders, victims, and families; shelter services; counseling in youth diversion program; day treatment services for adolescent substance abusers; and gender specific services.

Experience Provided: Students provide group, marital, family, and individual counseling as well as on-going case management. Will work with a multidisciplinary treatment team. Individual and group supervision. Initial staff shadowing. Training in child abuse reporting.

Stepping Stone of San Diego

3767 Central Ave.

San Diego, CA. 92105-2506

Contact: Connie Collins

Manager, Bereavement Intern Program

619 278-0777

Program Description: Stepping Stone operates both a residential and a non-residential recovery program, each based upon a social model of recovery, to meet the different needs of our clients. The programs rely on the Twelve Steps of Alcoholics Anonymous and utilize peer interaction and involvement, creating a social environment where clients help each other in the recovery process.

Experience Provided: May include residential treatment, outpatient treatment, support services, or “sober living” care.

Telecare GTR/PTR

3132 Jefferson St.

San Diego, CA 92110

Contact: Mary Woods

Regional Administrator

(619) 683-3100 (phone); (619) 718-7390 (fax)

Program Description: The site offers inpatient, outpatient, crisis, and residential treatment.

Temecula Valley Unified School District

31350 Rancho Vista Rd.

Temecula, CA 92592

Contact: Timothy Ritter

Superintendent

(951) 506-7960 (phone); (951) 695-7122 (fax)

Program Description: The school district has worked with a number of colleges in the placement and supervision of practicum students to work with their students. Please contact the school for further information.

Transitions Family Program at Hannah’s House

9455 Farnham St. #100

San Diego, CA 92123

Contact: Jose Gonzalez

Program Director

(858) 300-2730 (phone); (858) 300-2739 (fax)

Program Description: Clinical services program for blended/divorced families and other families challenged by difficult transitions.

Therapy Services Provided:

* Conjoint Parent-Child Therapy
* Reunification Therapy
* Co-Parenting Therapy & Coaching
* High Conflict Couple Therapy & Co-Parenting Psycho-educatonal Therapy
* Play Therapy for Children
* Couples Therapy for Blended Families
* Parent-Child Therapy in a Supervised Visitation Setting for Re-engagement or Reunification

Tri-City Medical Center

4002 Vista Way

Oceanside, CA 92056

Contact: Liz Fleming, RN

AHA Training Center Coordinator/Clinical Academic Coordinator

(760) 940-5693

flemingem@tcmc.com

Program Description: no current description.

Union of Pan Asian Communities (UPAC)

Addiction, Treatment, and Recovery Programs

3288 El Cajon Blvd., Ste. 13

San Diego, CA 92105

Contact: Shola Olaoshebikan, M.A.,RRW

Substance Abuse Treatment Supervisor

(619) 521-5720 ext. 310

(619) 521-5728 Fax

Program Description: The Alcohol and Drug Treatment program provides effective substance abuse treatment, recovery, and prevention services to Asian and Pacific Islander adults and adolescents (age 12-17). Working with a variety of cultures and ethnicities, services are provided to support the individual’s efforts in attaining and maintaining an alcohol and other drug free life style.

Services Provided:

* Crisis intervention
* Peer support meetings
* Recovery activities
* Individual, group, and family counseling sessions
* Case conference and management
* Sober living skills

UCSD

Health System:

200 W. Arbor Dr.

San Diego, CA 92103

Thorton Hospital:

9300 Campus Point Dr.

La Jolla, CA 92037

Woman’s Center:

303 Lewis St.

San Diego, CA 92103

Contact Person: Patricia Judd, Ph.D.

Director, Co-Occurring Disorders' Treatment and Research

Program/Bridge to Recovery

Director, OPS Allied MH Clinical Training Program

(619) 543-6309 (phone); (619) 543-7063(fax)

Program Description: UCSD can provide clinical experience at one of the above listed locations. Outpatient services include dealing with adult ADD, OCD program, eating disorders treatment, mood disorders treatment, and a senior behavioral health program.

Veterans Village of San Diego

4141 Pacific Highway

San Diego, CA 92110

Contact Person: Ed Chwekun, LMFT

619 393-2004 or 858 254-2431

[ed.chwekun@vvsd.net](mailto:ed.chwekun@vvsd.net)

Program Description:

VVSD is a non-profit agency for homeless Veterans. There are multiple programs here.

1. The VRC (Veterans Rehabilitation Center) which has about 150 beds (about 25 interns) for recovering addicts.  It is a drug and alcohol rehab that also deals with Mental Health issues (e.g. PTSD, anxiety, depression, Bipolar, psychosis, relationships, self-esteem), physical health issues, employment and legal issues.

2. VOP (Veterans On Point) is a transitional housing program. About 70 beds and 5 interns. Deals with the same issues as VRC, and like VRC, each client has a case manager and, if they wish, a therapist.  Less structured than VRC which has more daily classes.

Therapists do initial mandatory assessments on each client and then therapy with clients who choose to do that.  1 group supervision per week is required (Tu 12-2 and/or Thursday 3-5). Some individual supervision is also available. Hours are very flexible, both days and evenings, weekdays and weekends

Updated 8/7/15

Vista Hill – Learning Assistance Center

8910 Clairemont Mesa Blvd.

San Diego, CA 92123

Contact Person: Robert Dean

CEO

(858) 514-5100 (phone); (858) 514-5190 (fax)

Program Description: The Vista Hill Learning Assistance Center (VHLAC) offers uniquely designed school- and home-based assessment, case management, therapy and other mental health interventions for students at risk of out-of-home placement.  Through successful coordination of effort from the student, parent, teacher and VHLAC clinician, we maximize the student’s ability to succeed in school, at home, and in their local community.

Mental Health Services:

* Assessment of the child’s clinical needs
* Evaluation of the child’s functioning in home, school and community
* Collateral contacts with significant support persons
* Individual, group and family therapy
* Rehabilitation services to improve life skills
* Plan Development (coordination of service and educational plans)

Vista Hill Parent Care Central

4125 Alpha St.

San Diego, CA 92113

Contact Person: Angela Rowe

Program Director

(619) 668-4205 (phone); (619) 266-0115 (fax)

Program Description: The Vista Hill Parent Care Central location is a women's alcohol/drug treatment and parent education center featuring:

• An outpatient treatment program for women with substance abuse problems

• Addresses the specific needs/issues of women and mothers

• A safe, supportive and confidential environment

• A success-oriented program building on a client's strengths which enhances the individual's and family's

• An integrated medical-social relational model approach to treatment

• Quality childcare provided

Women's Resource Center

1963 Apple Street

Oceanside, CA 92054

Contact: Jill A. Morgan

Director of Client Services

jill.morgan@wrcsd.org

(760) 757-3500 (phone); (760) 757-0680 (fax)

Program Description: Women's Resource Center services individuals, families and children who are victimized by domestic violence. They also serve sexual assault survivors. There is a 24-hour hotline that is staffed after hours by volunteers including interns/trainees. The calls come to their home via the answering service.

Trainees must email a resume to Jill Morgan and may be invited for an interview. Upon acceptance, trainees will complete the 56 hours of mandated training for domestic violence and sexual assault. Trainings are usually Tues.-Thurs. 6pm to 9:30 pm and all day Sat. for one month. All must complete the training before contact with clients. Supervision is on Wed. mornings.

YMCA Youth and Family Services/Tides Program

4080 Centre Street

San Diego, CA 92103

Contact: Katie Demmler, LCSW

TIDES program Director and Supervisor

Phone 619 543-9850

[kdemmler@ymca.org](mailto:kdemmler@ymca.org)

Program Description: The TIDES program is under the YMCA Youth and Family Services, a social service branch of the YMCA of San Diego County. They serve students aged 5-21 and their families who are struggling with emotional or behavioral problems at school, home, or community. Therapists work closely with school personnel and community agencies and provide individual, family, and group counseling, crisis intervention, case management, and medication evaluation and monitoring. Counseling services are offered to students and families in several elementary, middle, and high schools in Central San Diego.

Updated 8/7/15

YWCA of San Diego

1012 C Street

San Diego, CA 92101-5544

Contact: Kathleen Burns, LMFT

Clinical Supervisor

(619) 235-0355 \*266 (phone); (619) 233-8545 (fax)

Program Description: Non-profit agency providing outpatient counseling/psychotherapy to residents of residents of shelter and community. Organization works with victims and perpetrators of domestic violence as well as clients with depression, anxiety, substance abuse, personality disorders, etc.

Experience Required: Provide therapy for individuals, couples, families, and children. Will learn about domestic violence. Specialized play area for children. Group supervision. Individual supervision as needed.

Trainees must be willing and able to "jump right in."