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# School of Health and Human Services

The University of Values



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Evening Classes

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Allied Health | Healthcare Administration | Integrative Health | Nursing | Public Health



The University of Values

TAKE THE FIRST STEP TODAY  
School of Health and Human Services

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Join or move ahead in a career of caring ▶

California is at the national forefront of health services innovation.

Opportunities have never been better for starting a career in healthcare.

Students learn how to provide compassionate care and use the latest medical technologies.

▶ Some of the fastest growing occupations today are in the healthcare industry, and as a result workers in this field are in very high demand. The U.S. Department of Labor reports that about 3.6 million jobs will be created in health services between 2002 and 2014 – more than in any other industry.

The high level of growth in the healthcare industry results in a shortage of qualified nurses to meet the needs of a growing and diverse population. National University's School of Health and Human Services was created to meet the growing need for trained healthcare professionals in California and throughout the country.

National University provides the training and degree programs to prepare students for careers in the rewarding fields of healthcare. Specifically, the School offers programs that train nurses and healthcare administrators, as well as hands-on allied health professionals.

Earning your degree with the School of Health and Human Services will help you advance your career in the dynamic



According to the U.S. D  
will generate millions of

healthcare industry. You will develop critical thinking and therapeutic skills and, in some cases, be prepared to take individual, state, and national licensure and certificate examinations.

#### School of Health and Human Services

The School of Health and Human Services offers degrees in three departments: community health, health sciences, and nursing. The Master of Healthcare Administration degree program and the Bachelor of Science in Public Health are offered through the department of community health. The department of nursing offers a range of core and bridge

programs – from programs for licensed vocational nurses to degrees suitable for those without a nursing background. Lastly, the Master of Integrative Health, the Bachelor of Science in Allied Health, and the Health Coaching Certificate are offered through the department of health sciences.

The Bachelor of Science in Public Health prepares students for careers in health promotion through community agencies. The Master of Integrative Health program will provide the student with intermediate to advanced knowledge and skills in integrative and holistic

healthcare theory, clinical practice, and standard of care.

Aligned with National University's core value of community, the School of Health and Human Services is dedicated not only to its students, but also to the larger community population. The School provides a learning-intensive environment that supports the education and preparation of professionals in becoming innovative, caring practitioners to help meet community needs.

Department of Labor, the healthcare industry  
new jobs, more than any other industry.

## Undergraduate Programs ▶

### Bachelor of Science in Allied Health ○

Allied health professionals are involved with the delivery of health or related services pertaining to the identification, evaluation and prevention of diseases and disorders, as well as dietary and nutrition services, and rehabilitation and health systems management, among others. Allied health workers support, aid and increase the efficiency of the physician, dentist, or primary clinical specialist. This degree provides a broad-based foundation of professional, ethical, legal, health policy issues and trends in healthcare, health promotion and disease prevention, health education, research and evidence-based

practice and database, case, and health systems management.

The degree prepares graduates to advance in the allied health profession, assume leadership and/or supervisory positions, as well as pursue graduate education in the healthcare field.

### Bachelor of Science in Public Health

This Bachelor of Science in Public Health major in Public Health Promotion features a broad-based foundation in the liberal arts and sciences and an ecological perspective of public health and the role that health promotion plays in preventing

The Bachelor of Science in nursing program is accredited by the Commission on Collegiate Nursing Education.



disease while maintaining or increasing quality of life. The program prepares entry-level health promotion professionals to begin careers in various types of community health agencies. Graduates will apply their knowledge to assess needs, plan and implement programs, assess program outcomes, communicate and advocate for public health issues, and participate in the development of health promotion as a profession.

Upon graduation, you will be eligible to become a Certified Health Education Specialist through the National Commission on Health Education Credentialing, Inc.

#### Bachelor of Science in Nursing (BSN)

The BSN program prepares students in critical thinking, communication and therapeutic nursing skills within the framework of transcultural nursing, and is accredited by the Commission on Collegiate Nursing Education (CCNE). The community health nursing course sequencing and content meet requirements for certification as a public health nurse in California.

#### Bachelor of Science in Nursing – Generic Entry

This program is for students with little or no prior college credits. The Bachelor of Science in Nursing develops critical thinking, communication and therapeutic nursing skills within the framework of transcultural nursing. Graduates are able to manage the nursing care of culturally diverse clients in a variety of settings.

#### Bachelor of Science in Nursing RN Completion

The Bachelor of Science in Nursing RN Completion is for already-licensed, registered nurses seeking a BSN degree.

#### Bachelor of Science in Nursing Accelerated Post-Bachelor Degree

This program is for individuals with prior earned bachelor's degrees who wish to be prepared for licensure as a registered nurse while earning a Bachelor of Science in Nursing.

#### Licensed Vocational Nurse to Bachelor of Science in Nursing

This degree is for Licensed Vocational Nurses seeking to advance to a BSN-prepared Registered Nurse.

## Graduate Degrees

### Master of Healthcare Administration

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This program prepares students for entry level and mid-management roles in healthcare organizations. Careers in healthcare administration require skilled professionals who can confront the challenges of an expanding health services sector. Preparation includes such topics as health policy assessment, managerial knowledge and skills, healthcare finance and economics, information systems, planning and marketing, quality assurance, and human resource management.

### Master of Integrative Health

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Integrative health is a lifestyle approach to healthcare and promotion that is “holistic” or “whole person” and that recognizes the interrelationships among physical, mental, social, environmental, and spiritual dimensions of health and well-being. The Master of Integrative Health was developed to give you intermediate to advanced knowledge and skills in integrative and holistic healthcare theory, clinical practice, and standards of care. The program is designed for those who wish to enter, or who are already

employed, in public and private healthcare organizations related to integrative, holistic, or complementary and alternative medicine clinical practice, research, education, administration, or regulatory affairs.

Some graduates may choose to continue their academic preparation by pursuing advanced degrees in various medical and biomedical disciplines.

## Certificate Programs

### LVN “30 Unit” Option

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This program is for licensed vocational nurses who wish to complete the minimum number of units required to take the Registered Nurse licensure examination.

### Health Coaching Certificate

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Any health professional seeking to extend and improve their ability to coach patients through lifestyle and health changes will benefit from this program. Potential students include physicians, nurses, chiropractors, nutritionists, pharmacists, acupuncture and naturopathy practitioners, fitness trainers, weight management coaches, and physical therapists, among others.

## Undergraduate Degrees

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Associate of Science in Nursing (Nevada only)  
Bachelor of Science in Allied Health\*  
Bachelor of Science in Nursing (BSN) (Generic Entry)  
Bachelor of Science in Nursing (Licensed Vocational Nurse/Licensed Practical Nurse to BSN)  
Bachelor of Science in Nursing (RN Completion)\*  
Bachelor of Science in Nursing (Accelerated Post-Bachelor Degree)  
Bachelor of Science in Public Health

## Graduate Degrees

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Master of Healthcare Administration  
Master of Integrative Health

## Certificate Programs

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LVN “30 Unit” Option  
Health Coaching Certificate

*\* Denotes program also offered 100% online.*

*Note: Consult an admissions advisor for online course availability. Not all courses or programs listed in this brochure are available at every campus.*

## Take the first step!

Admission to National University is simple. To speak with your own personal advisor, call us today at **1.800.NAT.UNIV**, or visit our website at **www.nu.edu** to apply online.

# National University

You decide where to go. We'll help you get there.

Going to school is a big decision, and you don't need complicated admission processes to slow you down. At National University, we've simplified entry because we know our students demand accessibility. Our evening-focused, accelerated format means earning your bachelor's or master's degree won't interfere with your personal or professional obligations.

National University makes attending your classes simple while maintaining high quality degree offerings. National infuses quality into all of its programs, from business to information technology to psychology and education. Our curriculum combines concept, theory, and application so that what you learn in the classroom is relevant to the workplace.

We award more master's degrees to Hispanics and African Americans than any other higher learning institution in California.







### Our Reputation Speaks for Itself ▶

National University is the second-largest, nonprofit, private institution of higher learning in California. National provides more master's degrees in education to minority students than any other college or university in California. Annually, National University also ranks in the Top 10 nationally in granting master's degrees to women.

#### Earn Your Degree on Your Schedule

Because National has 28 campuses throughout California including one in Nevada, there's probably a location near your work or home. And since National offers many of its credentials and degrees online, your education goes where you go.

The mace, a symbol of National University, is inscribed with the Latin motto, *discendo vivimus* — "we live through learning."

At National University, classes are small. With an average class size of 20 students, you get the one-on-one faculty interaction you deserve.

# As a nonprofit institution, National University invests in its students by providing them with superior faculty, cutting edge technology and library resources.

## The University is:

Accredited by the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (WASC)  
Approved by the Commission on Teacher Credentialing (CTC)

Approved by the Commission on Collegiate Nursing Education (CCNE)  
Accredited by the International Assembly for Collegiate Business Education (IACBE)  
A member of the American Association of Colleges for Teacher Education (AACTE)  
A member of the Council of Colleges of Arts and Sciences (CCAS)

National University's English Language Programs are accredited by the American Association of Intensive English Programs (AAIEP)



National University possesses one of the largest e-Book collections in the United States. It is accessible 24 hours a day, seven days a week through the library's home page at [www.nu.edu/library](http://www.nu.edu/library).

## Learning Resources at Your Fingertips

National University provides you with modern technology in its classrooms, onsite labs, and beyond. You can access your current grades, class schedules, and financial aid information from your online student portal. The National University Library System offers numerous services to help you complete your coursework and contains one of the largest e-book collections in the U.S.

## The University of Values

National University is dedicated to educational access and academic excellence, and provides challenging and



relevant programs that are learner-centered, success-oriented, and responsive to technology. National University is anchored by the core values of quality, access, relevance, accelerated pace, affordability, and community.

#### A History of Lifelong Learning

Since 1971, National University has been dedicated to making lifelong learning opportunities accessible, challenging, and relevant to a diverse student population. National's academic and administrative headquarters are located in La Jolla, California.

#### Funding Your Education

National University's financial aid advisors can help you navigate the financial aid process so you can find a way to pay for school. Funding may also be available in the form of state and federal grants, scholarships, loans or tuition reimbursement.

## CHANGE YOUR FUTURE!

Call our toll-free number and a personal advisor will help you meet your individual educational goals. Call **1.800.NAT.UNIV** or visit **[www.nu.edu](http://www.nu.edu)** for details or to apply online.

**SAN DIEGO COUNTY**

National University System  
Administrative Headquarters  
11355 North Torrey Pines Road  
La Jolla, CA 92037-1013  
(858) 642-8000

National University  
Academic Headquarters  
11255 North Torrey Pines Road  
La Jolla, CA 92037-1011  
(858) 642-8800

National University Library at  
Spectrum Business Park  
9393 Lightwave Avenue  
San Diego, CA 92123-1447  
(858) 541-7900

Spectrum Business Park Campus  
9388 Lightwave Avenue  
San Diego, CA 92123-1426  
(858) 541-7700

Technology & Health Sciences Center  
3678 Aero Court  
San Diego, CA 92123-1788  
(858) 309-3400

South Bay Campus  
660 Bay Boulevard, Suite 110  
Chula Vista, CA 91910-5200  
(619) 563-7400

La Mesa Campus  
7787 Alvarado Road  
La Mesa, CA 91941-3643  
(619) 337-7500

Carlsbad Campus  
705 Palomar Airport Road, Suite 150  
Carlsbad, CA 92009-1029  
(760) 268-1500

Rancho Bernardo Campus  
16875 West Bernardo Drive, Suite 150  
San Diego, CA 92127-1675  
(858) 521-3900

**Military Learning Centers**

Marine Corps Air Station  
Miramar Learning Center  
Building 5305  
San Diego, CA 92145  
(619) 563-7355

Naval Air Station North Island  
Learning Center  
Building 650  
San Diego, CA 92135-7024  
(619) 563-7478

Naval Base San Diego  
Learning Center  
Building 151  
San Diego, CA 92136-5000  
(619) 563-7474

Fleet AntiSubmarine Warfare Training  
Learning Center  
Building 7  
San Diego, CA 92147-5090  
(619) 563-7488

Naval Base Coronado  
Learning Center  
Building 650  
San Diego, CA 92135-7024  
(619) 563-7478

Marine Corps Recruit Depot  
Learning Center  
Building 111  
San Diego, CA 92140-5000  
(619) 563-7482

Naval Submarine Base  
Admissions Office  
140 Sylvester Road, Building 140  
San Diego, CA 92106-3521  
(619) 563-7490

Naval Hospital Admissions Office  
Building 26, Room 3B9BS  
San Diego, CA 92134-5000  
(619) 563-7470

Marine Corps Base Camp Pendleton  
Learning Center  
Building 1331  
Camp Pendleton, CA 92055-5020  
(760) 268-1533

Twentynine Palms Learning Center  
Marine Air Ground Task Force  
Training Center  
Building 1526, P.O. Box 6051  
Twentynine Palms, CA 92278-1118  
(760) 830-6887

Naval Base Bremerton  
Admissions Office  
2255 Cole Avenue  
Building 853, Room 106  
Bremerton, WA 98314  
(360) 476-8428

**SAN BERNARDINO COUNTY**

San Bernardino Campus  
804 East Brier Drive  
San Bernardino, CA 92408-2815  
(909) 806-3300

Ontario Campus  
3800 E Concourse, Suite 150  
Ontario, CA 91764-5904  
(909) 919-7600

**LOS ANGELES COUNTY**

Los Angeles Campus  
5245 Pacific Concourse Drive, Suite 100  
Los Angeles, CA 90045-6905  
(310) 662-2000

Sherman Oaks Campus  
14724 Ventura Boulevard, Suite 801  
Sherman Oaks, CA 91403-3501  
(818) 817-2460

**VENTURA COUNTY**

Camarillo Campus  
761 East Daily Drive, Suite 120  
Camarillo, CA 93010-0767  
(805) 437-3000

**ORANGE COUNTY**

Orange Campus  
765 The City Drive South, Suite 207  
Orange, CA 92868-4942  
(714) 429-5300

Costa Mesa Campus  
3390 Harbor Boulevard  
Costa Mesa, CA 92626-1502  
(714) 429-5100

**KERN COUNTY**

Bakersfield Campus  
4560 California Avenue, Suite 300  
Bakersfield, CA 93309-1150  
(661) 864-2360

**FRESNO COUNTY**

Fresno Campus  
20 River Park Place West  
Fresno, CA 93720-1551  
(559) 256-4900

**SANTA CLARA COUNTY**

San Jose Campus  
3031 Tisch Way, 100 Plaza East  
San Jose, CA 95128-2541  
(408) 236-1100

**SAN JOAQUIN COUNTY**

Stockton Campus  
3520 Brookside Road  
Stockton, CA 95219-2319  
(209) 475-1400

**SACRAMENTO COUNTY**

Sacramento Campus  
9320 Tech Center Drive  
Sacramento, CA 95826-2558  
(916) 855-4100

**SHASTA COUNTY**

Redding Campus  
2195 Larkspur Lane, Suite 200  
Redding, CA 96002-0629  
(530) 226-4000

**Nevada**

Henderson, Nevada Campus  
2850 West Horizon Ridge Parkway,  
Suite 301  
Henderson, NV 89052-4395  
(702) 531-7800

**ONLINE INFORMATION CENTERS**

Temecula Online Information Center  
40705 Winchester Road, Suite 5  
Temecula, CA 92591-5516  
(951) 296-1220

West Covina Online Information Center  
2498 Plaza Drive  
West Covina, CA 91790  
(626) 939-1600

Sacramento Online Information Center  
5911 Sunrise Mall  
Citrus Heights, CA 95610-6901  
(916) 855-4340

Summerlin Online Information Center  
10870 West Charleston Boulevard,  
Suite 180  
Las Vegas, NV 89135-1171  
(702) 531-7850

Call Toll-free  
1-800-NAT-UNIV  
(628-8648)

or Current Students Call  
1-866-NU-ACCESS  
(682-2237)

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1-866-628-8988  
scs@nu.edu

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Company LLC

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